

PSAT 10:

Power Their Path to Readiness



What Is the PSAT 10?

The PSAT™ 10 measures the reading, writing, and math skills your teen is building in school—the same skills that matter most for college, careers, and whatever path they pursue after high school.

Taken in 10th grade, it's a meaningful checkpoint on a student's path through high school, providing a clear picture of their strengths, their areas for growth, and what they can do to make progress toward their goals. After establishing a baseline with the PSAT™ 8/9, the PSAT 10 gives students and families a timely look at how far they've come and where to focus before the PSAT/NMSQT®, SAT®, and the pivotal junior year ahead.

The PSAT 10 is a springboard to what comes next, with students receiving personalized score breakdowns, college and career planning insights, and access to free practice resources to build skills and confidence.



Because all assessments in the SAT Suite are built on the same scale, schools can monitor growth over time and gain a clearer picture of student readiness from middle school through graduation.

“We adopted the assessments to provide our students with practice taking the tests. With repeated practice our students have shown growth with less stress. By familiarizing our students with the types of questions on the PSAT they are better prepared for the actual SAT.”

Amy Jenkins, Director of Curriculum and Instruction,
Unionville-Chadds Ford School District, Pennsylvania

Why the PSAT 10 Matters

- **A Key Benchmark:** Students get a meaningful measure of their readiness for college and career at the midpoint of high school.
- **A Score to Build On:** Aligned to the SAT scale, results from PSAT assessments give students and families a reliable anchor for building and tracking growth through high school.
- **Practice Makes Progress:** Not used for college admissions, so your student can focus on learning where they stand, with plenty of time to practice and improve.



What Students Experience

Sections:

Reading and Writing; and Math

Timing:

2 hours, 14 minutes

Digital Testing App:

Bluebook™, the same digital testing app used for the SAT and AP® Exams

Scores:

320–1520 scale; available in the BigFuture® School app

What Families Receive

Progress insights:

Score reports provide a skill-by-skill picture of how prepared students are for college and career, including their strengths and growth areas.

A road map for what's next:

Results help students prioritize the skills they should focus on and connect them to free practice resources designed to support continued growth.

AP course and career exploration:

Results can help students and families explore future AP courses that match their skills and interests, as well as future college majors or careers.

BigFuture School app access:

Students can view scores, explore colleges, and connect with scholarship opportunities—all while maintaining control of their personal information.

Free Practice and Support

Every PSAT 10 student has access to free tools designed to build skills and confidence:



Official prep
and practice on
Khan Academy®



Full-length practice
tests on Bluebook
to build confidence



Student question
bank for targeted
practice by skill area



SAT Question of the Day
for daily practice to build
skills steadily over time

Learn more at: satsuite.collegeboard.org/psat-10.

© 2026 College Board. College Board, AP, BigFuture, SAT, and the acorn logo are registered trademarks of College Board. AP Potential, Bluebook, and PSAT are trademarks owned by College Board. PSAT/NMSQT is a registered trademark of College Board and National Merit Scholarship Corporation. Khan Academy is a registered trademark in the United States and other jurisdictions.

