

SAT: More Than a Score



The SAT® empowers students to own their future and explore opportunities that align with their post-high school goals. Whether your teen is considering a two- or four-year college, a job training program, a technical school, or is still exploring their options after high school, the SAT can be a valuable tool to help guide their journey.

Most colleges, including those that are test optional, value SAT test scores. Together with their high school grades, the SAT can help show their potential to succeed in college and career.

The SAT is the #1 college admission test in the U.S.

More students (nearly two million in the class of 2024) take the SAT than any other admissions exam.



The SAT is the final test in the SAT Suite of Assessments, which measures and guides progress on the reading, writing, and math skills students learn in school and that matter most for any path after high school.

Here's What You Need to Know About the SAT



Delivered on Bluebook™, College Board's digital testing platform.



2 sections:
Reading and Writing; Math



FREE Official SAT Prep, including full-length practice tests, student question bank, and exclusive Khan Academy® courses.



2 hours, 14 minutes



400–1600 score scale

Here's How the SAT Can Help Your Teen

- They can get their scores right on their phones, with customized college and career planning guidance, and the opportunity to connect with nonprofit colleges and scholarships in the **BigFuture® School mobile app**—without sharing personal information
- They have the flexibility to choose whether—and when—to send scores for college admission, scholarships, and course placement.
- Their score report will be relevant, with knowledge and skills progress, career insights, and access to **AP Potential™**—an online tool that uses data to help 9th–11th graders see which AP® courses they're likely to do well in, are offered by their school, and match a future major that may interest them.



Learn more about the SAT at sat.org/student-guide.

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