

Why More Students Choose the SAT

The SAT® and the ACT are both widely accepted by colleges and universities. However, they offer very different testing experiences. For many students, the SAT provides a more focused and user-friendly option.

SAT

ACT*



Which test has a more consistent and digitally advanced format?

- ✓ Fully digital testing in trusted, familiar testing app—Bluebook™**
 - ✓ Adaptive design, creating more tailored experience with fewer questions
 - ✓ Built-in calculator and reference sheet, plus digital annotation and review tools
- Digital or paper-based testing, depending on test center or school
 - Fixed preset design does not adapt in response to performance
 - Test-taking tools not available with paper test



Which test gives students more time for focus?

- ✓ 98 questions/134 minutes
(1 minute, 22 seconds per question)
44% more time per question
- 131 questions/125 minutes
(57 seconds per question)



Which test has a more streamlined flow to reduce testing fatigue?

- ✓ Combined Reading and Writing section, creating natural flow
 - ✓ Short critical-reading passages spanning a variety of topics, with one question each
 - ✓ Science measured through items embedded in Reading/Writing and Math sections.
- Separate English and Reading sections, with add-on Writing test—creating fragmentation and added test time
 - Approximately nine extended reading passages, posing testing fatigue and pressure to skim
 - Optional, add-on science section—increasing testing time and cost



Which test provides more high-quality free practice resources?

- ✓ Eight full-length, scored SAT practice tests in Bluebook
 - ✓ **My Practice portal**, with score breakdowns and tailored practice questions based on results
 - ✓ **SAT prep on Khan Academy®**, including videos and skill-building strategies
 - ✓ **Official SAT Tutoring** on Schoolhouse.world, with live, peer-led tutoring sessions
- Two full-length practice tests
 - A study guide, practice quizzes, and one free-trial introductory class
 - Additional practice options available through test-prep partner organizations *but require payment*

* Based on publicly released ACT information ** Paper tests are available to students with approved accommodations.

Learn more at sat.org/whytake.

 **SAT Suite**

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